



Rehabilitation at Riddle Village Frequently Asked Questions

1. What is the Goal of Rehab?

The goal of rehab is to help patients be independent—to do as much for themselves as they can safely in order to return to their prior living environment.

2. How does Rehab work and how long is the expected stay?

This varies person to person. Rehab is done with a patient, not to a patient. An individualized plan of care is developed with the patient and registered therapist. The Patient must be willing and able to work with the rehab team during active treatment in order to reach a level of independence that can be managed by themselves or with assistance of another family member or caregiver in order to return safely to their prior living environment.

3. Are your Chronic Health conditions addressed during rehab stay?

The patient's chronic (long-term) health conditions are treated and monitored during rehab by the physician or nurse practitioner, but they are not the primary reason the person is admitted into rehab. The primary diagnosis is focused on during the rehab stay and function is monitored based on that primary condition.

4. What is the duration of time patients remain in rehab?

Most rehab services last weeks, not months. Progress is monitored and assessed weekly by the therapy team. Personal goals are set by the patient and the registered therapist at the time of the evaluation to determine what the patient has to be able to accomplish in order to safely return to prior living environment independently or with assist from a caregiver

5. How often is rehab provided to the patient?

Therapy services are determined by the registered therapist at the time of the evaluation. The plan of care is set with the patient's goals in mind and the time frame in which it will take to accomplish the goals in order for the patient to return to the prior living environment safely. The intensity is determined also by the wiliness of the patient to participate and the tolerance to the program at the time of the evaluation. Therapy services can be offered as little as 3 days a week to up to 6 days a week depending on the patient's condition and tolerance to the therapy sessions.

6. How can I afford to pay for Rehab?

Medicare, Medicaid, and most private insurance plans cover rehab services within an subacute setting. There are guidelines that insurance plans have and are specific requirements with each different plan. In order to determine what the patients plan will cover you should contact the provider or ask the social worker or Billing office to assist you in determining the specific plan requirements.